

Parent Enrichment Schedule AUG –NOV '18



Join us at the FCCTF for our next \*\* Parent Enrichment Workshop! Registration is required.

Call the team at 778-6960 to sign up today!

Childcare, when offered is ONLY available if registration is completed at least one week prior to the class.



**Active Parenting 4th Edition** — 6 session workshop for all caregivers with children of any age

Mondays September 3rd, 10th, 17th, 24th, October 1st, and 14th from 9:00-12:00pm.

Active Parenting will give you skills to achieve a fuller, more satisfying family life and help your children achieve greater happiness and success. This course will show you a proven-effective approach to parenting that will lead to more harmony and happiness for you and your children. You'll learn 7 strategies for school success, along with positive discipline and communication techniques to help your family run more smoothly.

**Alcohol, Anger & Abuse** — **NEW** Online sessions for Professionals

Mondays September 24th October 1st, 15th, 22nd and 29th from 3:00-5:00pm. This innovative community-based training program for parents explores the understanding and prevention of the relationship between alcohol and other drug use and child abuse and neglect.

Active Parenting: First 5 Years— 4 session workshop for all caregivers with children ages birth to five

Wednesdays September 26th, October 3rd, 10th and 17th from 10:00-12:00pm at Headstart, 103 Deerfield Lane Farmington.

No one is born knowing how to parent. It's something we learn growing up, and sometimes we need a little support to become the parents we wish to be. This class addresses basic skills for new parents, caregivers, and early childhood staff.



Check our Facebook page for updates, or call our team today at 778-6960 or 1-888-429-6960 to find out about off-site class offerings and to hear how we can help you through the world's greatest (and toughest) job-parenting!

 $^*$ Unless otherwise noted, the workshop will take place at the Children's Task Force, located at 113 Church St. Farmington, ME.