




# Franklin County Children's Task Force

## Parent Enrichment Schedule AUG–NOV '18

Join us at the FCCTF for our next  Parent Enrichment Workshop! **Registration is required.**

Call the team at 778-6960 to sign up today!

*Childcare, when offered is ONLY available if registration is completed at least one week prior to the class.*

### **123 Magic & More** —Single session

**Saturday August 11th from 9:00-2:00pm**

1-2-3 Magic & More offers even *MORE* discipline solutions that are easy to learn and that WORK! This course covers START and STOP behaviors.

### **Families in Substance Abuse Treatment & Recovery**—17 sessions for caregivers, dads, moms, and extended family

**Wednesdays August 15th, 22nd, 29th, September 5th, 12th, 19th, 26th, October 10th, 17th, 24th, November 7th, 14th, 21st, 28th, December 5th, 12th and 19th from 5:30-7:00pm.**

These group-based workshops are ideal for partners of parenting adults in treatment and recovery, extended family who may be parenting children of substance abusing adults, and adults in treatment and/or recovery who are in parenting relationships with children.

### **Active Parenting 4th Edition** — 6 session workshop for all caregivers with children of any age

**Mondays September 10th, 17th, 24th, October 1st, 15th, and 22nd from 5:00-7:00pm.**

Active Parenting will give you skills to achieve a fuller, more satisfying family life and help your children achieve greater happiness and success. This course will show you a proven-effective approach to parenting that will lead to more harmony and happiness for you and your children. You'll learn 7 strategies for school success, along with positive discipline and communication techniques to help your family run more smoothly.

### **Alcohol, Anger & Abuse** — *NEW* Online sessions for Professionals

**Mondays September 24th, October 1st, 15th, 22nd and 29th from 3:00-5:00pm.** This innovative community-based training program for professionals explores the understanding and prevention of the relationship between alcohol and other drug use and child abuse and neglect.

### **Active Parenting: First 5 Years**— 4 session workshop for all caregivers with children ages birth to five

**Wednesdays September 26th, October 3rd, 10th and 17th from 10:00-12:00pm at Headstart, 103 Deerfield Lane Farmington.**

No one is born knowing how to parent. It's something we learn growing up, and sometimes we need a little support to become the parents we wish to be. This class addresses basic skills for new parents, caregivers, and early childhood staff.

### **Surviving Your Adolescents**— 2 session workshop on How to Manage & Let Go of Your 13-18 Year Olds

**Saturday September 29th and October 6th from 9:00 - 12:00 PM**

From the creator of 1-2-3 Magic, this program takes a step-by-step approach that will help end hassles and offer concrete solutions. Caregivers will learn the difference between teens and parents, what problems require professional attention, five ways to improve any parent/teen relationship, tactics to combat testing and manipulation, and more.



Check our Facebook page for updates, or call our team today at 778-6960 or 1-888-429-6960 to find out about off-site class offerings and to hear how we can help you through the world's greatest (and toughest) job—parenting!

\*Unless otherwise noted, the workshop will take place at the Children's Task Force, located at 113 Church St. Farmington, ME.

