

PROGRAM SCHEDULE JAN—JUN '17

Franklin County Children's Task Force



All workshops offered through FCCTF are **FREE** including snacks and on-site childcare.

Registration is required. Call the team at 778-6960 to sign up today!

1-2-3 Magic—For caregivers of children ages 2-12

Wednesdays, January 11 & 18 from 5:30–7:00 pm at Academy Hill School, Wilton (Pizza provided!)

1-2-3 Magic offers parenting solutions that are easy to learn and that WORK! This two-session course covers *STOP Behaviors*- things you want your child to stop doing, such as whining, throwing tantrums, or shouting.

Nurturing Fathers— A 13-week course for fathers designed to build parenting and nurturing skills

Mondays, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/10, 4/24, 5/1 & 5/8 from 5:00-7:30 pm

Work as a group with other Dads to learn more about fatherhood means to you. Each class provides proven skills that foster and support healthy family relationships and child development.

Nurturing Parenting— A ten-week workshop for parents with children of any age

Thursdays, 2/2, 2/9, 2/16, 2/23, 3/2, 3/9, 3/16, 3/23, 3/30, & 4/6 from 5:30-7:30 pm

No one is born knowing how to parent. It's something we learn growing up, and sometimes we need a little support to become the parents we wish to be. In the Nurturing Parenting Program, you will learn new skills and attitudes important in caring for yourself, your children and the world around you. Join us for an opportunity to connect and talk with other parents— snacks (and great support!) provided.

Nurturing Skills for Prenatal Families— A 9 week skill builder for pregnant moms & their supports

Thursdays, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/8, 6/15 & 6/22 from 5:30-7:00 PM

This program addresses the relationship between healthy pregnancies and proper nutrition, the effects of stress on a growing baby, brain development, issues of body image during pregnancy, and other possible stressors when welcoming a child into any family.



Check our Facebook page for updates, or call our team today at 778-6960 or 1-888-429-6960 to find out about off-site class offerings and to hear how we can help you through the world's greatest (and toughest) job—**parenting!**

Regular drop in programs—stop in any time!

Weekly

Nursing Mothers Group

Join us for snacks,
fun chats, and support!

Every Wednesday from 10-11:00 AM
at FCCTF, 113 Church St., Farmington



Weekly

Baby & Toddler Playgroup

Lots of great toys, stories,
snacks, activities and fun!

Every Friday school is in session from 9-11:00 AM
in the Mt. Blue High School Early Childhood Room



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Family Fun Events!

34th Annual Children's Festival!

Sat., Feb. 18
from 11 AM - 3 PM

FREE ADMISSION
Univ. of ME at Farmington



Advance tickets: \$10
At the door: \$12

27th Annual Father Daughter Dance

Sat., March 4
from 6 - 9 PM

Spruce Mountain Middle School Gym
& Phillips Elementary School Gym

"A signature event for daughters
& the special men in their lives."

Family Pancake Breakfast During April Vacation from 7:30 - 9:00 AM CALL FOR DETAILS!



FREE all-you-can-eat pancakes, fruit, coffee, & juice!
Homestead Kitchen, Bar & Bakery, Farmington

5K/10K/Kids Fun Run to Prevent Child Abuse Sun., April 30 at 7:30 AM (registration)



Visit www.fcctf.org or www.active.com FMI.
Proceeds to benefit FCCTF prevention efforts, like the
21st Century Kids of F.R.A.N.K.L.I.N. Afterschool Program.

Free community Trainings!

Register to join us for
one of the following
dates, or contact us to
schedule a training for
your staff today!

*All trainings listed to begin at 5:30 PM

- ⇒ Evidence-based material
- ⇒ Course completion
certificates provided

Mandated Reporter

Learn about your role and
responsibilities under Maine
law, how to identify indicators
of child abuse and neglect,
and how to make a report if
abuse is suspected.

2 hours

- ⇒ 2/15/17, FMH Bass Room

Strengthening Maine Families

Supports childcare providers to help
parents build skills and resources.
Learn to listen openly to parents'
concerns, and work together to find
answers to questions about child
development.

2 hours

- ⇒ 3/7/17, Phillips Public Library
- ⇒ 5/10/17, Spruce Mtn. MS

FRANKLIN RESILIENCE
INSTITUTE

SAVE THESE DATES!

JUNE 19—21, '17

Call
778-6960

or email Stacie at sbourassa@fcctf.org
with questions.



www.fcctf.org

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