


# Franklin County Children's Task Force

## Parent Enrichment Schedule SEP–DEC '18

Join us at the FCCTF for our next  Parent Enrichment Workshop! **Registration is required.**

Call the team at 778-6960 to sign up today!

*Childcare, when offered is ONLY available if registration is completed at least one week prior to the class beginning.*

### **123 Magic & More —3 sessions**

Tuesdays 5:30-7:00pm 11/6, 11/13, 11/20

WG Mallett School, 16 Middle Street and ONLINE!!

NEW: Thursday 11/29 at Farmington Head Start 10-11:30am

1-2-3 Magic & More offers even *MORE* discipline solutions that are easy to learn and that WORK! This course covers START and STOP behaviors.

### **Active Parenting for Christian Families— 7 sessions**

Mondays, 5:30-7:00 11/5, 11/12, 11/19, 11/26, 12/3, 12/10, 12/17

Fairbanks Union Church, 583 Fairbanks Rd. Farmington and ONLINE!!

*Christian Active Parenting* combines the wisdom of the Bible with an evidence-based approach to give parents the strength and skills they need to raise strong resilient children in today's world.

### **Active Parenting: First Five Years— 4 Sessions**

Mondays, 9:00-10:30 10/29, 11/5, 11/12, 11/19

Fairbanks Union Church, 583 Fairbanks Rd. Farmington and ONLINE!!

No one is born knowing how to parent. It's something we learn growing up, and sometimes we need a little support to become the parents we wish to be. This class addresses basic skills for new parents, caregivers, and early childhood staff.

### **Cooperative Parenting and Divorce — 8 sessions**

Mondays 11:30am - 12:30pm 10/29, 11/5, 11/12, 11/19, 11/26, 12/3, 12/10, 12/17

Fairbanks Union Church, 583 Fairbanks Rd. Farmington and ONLINE!!

This class helps divorcing parents learn to shield their children from conflict while establishing a positive co-parenting relationship.

### **Active Parenting for Step Families -- 6 sessions**

Wednesdays November 14, 21, 28, December 5, 12, 19 from 5:30-7:30 | ONLINE!!


This program takes a step-by-step approach that will help end hassles and offer concrete solutions. Caregivers will learn the difference between teens and parents, what problems require professional attention, five ways to improve any parent/teen relationship, tactics to combat testing and manipulation, and more.

### **Circle of Parents— Support Group— Ongoing**

Tuesdays— 11-Noon at Fairbanks Church

Thursdays— 3:30-4:30 at Mallett School

Every Other Wednesday— 3:30-4:30 at Strong Elementary

 Check our Facebook page for updates, or call our team today at 778-6960 or 1-888-429-6960 to find out about off-site class offerings and to hear how we can help you through the world's greatest (and toughest) job— parenting!

\*Unless otherwise noted, the workshop will take place at the Children's Task Force, located at 113 Church St. Farmington, ME.



# WEEKLY Mothers Support Group

**New, expectant, and experienced moms unite!**

**Bring your child, meet other mothers,  
and engage in education  
while building your peer support network!**

*Are you exploring breast feeding, supplementing, or pumping milk for your baby?  
Do you ever wish you knew a little more about how other moms feel throughout  
this crazy, difficult, and rewarding journey called parenting?*

*...Then this is the group for you!*

*Join us for snacks,  
fun chats, and support!*

**Date:** Every Wednesday morning—  
just drop in when you can!

**Time:** 10:30-11:30 am

**Place:** Fairbanks Union Church,  
583 Fairbanks Rd.  
Farmington, ME

**Call 778-6960 for more info!**

**Join us ANYTIME!**

Hosted in partnership by Certified Lactation Counselors from  
the Franklin County Children's Task Force and the WMCA WIC  
Program. Sponsored in part by Franklin Memorial Hospital.



Franklin Community Health Network  
MaineHealth



# Parent Support Group

Hosted by the:

Franklin County Children's Task Force

**Tuesdays 11am-Noon**

**Fairbanks Union Church,  
Farmington, ME**



Circle of Parents is a parent led self help group where parents can share ideas, celebrate successes and address challenges surrounding parenting

Groups are free, confidential  
and focus on positive parenting



Call us for more information

**778-6960**





# Mt. Blue Campus Infant/Toddler Playgroup



**Begins Friday September 14th!**

**WHEN:** EVERY FRIDAY that Mt. Blue Campus is in session

**WHERE:** Mt. Blue Campus Early Childhood Room  
129 Seamon Rd. Farmington, ME 04938

**TIME:** 9:00 - 11:00 am



Hosted by the Franklin County Children's Task Force and the Mt. Blue Early Childhood Department